

**PENERAPAN TERAPI MUROTAL AL-QUR'AN TERHADAP PENURUNAN
GANGGUAN PERSEPSI SENSORI HALUSINASI PENDENGARAN DI RSKD DADI
PROVINSI SULAWESI SELATAN**

Sri Angriani^{1*}, Rahman², Abd Hady Junaidi³, Hariani⁴, Agusti Fauziah⁵
1,2,3,4 Poltekkes Kemenkes Makassar

Article Info	ABSTRAK
<p>Article History: Received 10/03/2025 Revised - Accepted 18/03/2025</p> <hr/> <p>Keywords: <i>Murothal Al-Qur'an Therapy</i> <i>Sensory Perception Disorders</i> <i>Auditory Hallucinations</i></p>	<p>Latar Belakang: Halusinasi adalah gejala gangguan mental yang melibatkan respons indra terhadap rangsangan yang tidak nyata. Terapi murothal Al-Qur'an adalah terapi nonfarmakologi yang efektif untuk mengurangi halusinasi pada pasien skizofrenia. Tujuan: Untuk mengetahui dampak terapi murothal Al-Qur'an terhadap penurunan halusinasi pendengaran. Metode: Penelitian ini menggunakan metode deskriptif dengan studi kasus. Data dikumpulkan melalui wawancara, observasi, lembar skor, dan rekam medis pasien. Hasil: Dari wawancara, observasi, dan rekam medis, diketahui bahwa ketiga pasien mengalami halusinasi pendengaran seperti mendengar suara-suara, tertawa, dan berbicara sendiri. Setelah terapi murothal Al-Qur'an selama tiga hari, terjadi penurunan halusinasi pada ketiga pasien. Kesimpulan: Terapi murothal Al-Qur'an efektif menurunkan halusinasi pendengaran. Responden pertama, Tn. F, skornya menurun dari 100% menjadi 71,5%; responden kedua, Tn. C, dari 100% menjadi 57,2%; dan responden ketiga, Tn. A, juga dari 100% menjadi 57,2%.</p> <p>ABSTRACT <i>Background: Hallucinations are symptoms of mental illnesses that involve the senses reacting to imaginary stimuli. One effective non-pharmacological treatment for schizophrenia patients' hallucinations is therapy using the recitation of the Qur'an (murothal Al-Qur'an). Objective: To assess the implementation of murothal Al-Qur'an therapy in reducing auditory hallucinations. Method: This study used a descriptive approach through a case study. Data was collected via interviews, observations, score sheets, and patient medical records. Findings: Based on observations, interviews, and medical records, three patients reported experiencing auditory hallucinations, including hearing voices, laughing, and talking to themselves. After receiving murothal Al-Quran therapy for three days, every patient experienced a decrease in hallucinations. Conclusion: Reducing auditory hallucinations is a beneficial outcome of Murothal Al-Qur'an therapy. In addition, the scores of the first respondent, Mr. F, experienced a decrease from 100% to 71.5%; the second respondent, Mr. C, dropped from 100% to 57.2%; and the third respondent, Mr. A, experienced a decline from 100% to 57.2%.</i></p>
<hr/> <p>*Corresponding Author: sriangrianisaleh@gmail.com</p>	